



**Who enjoys being outdoors,  
conserving the environment,  
and has fun working as a team,  
benefitting fitness & well-being?**



We all do, at

CHIPPING  
NORTON

GREEN  
GYM<sup>®</sup>



...m.org

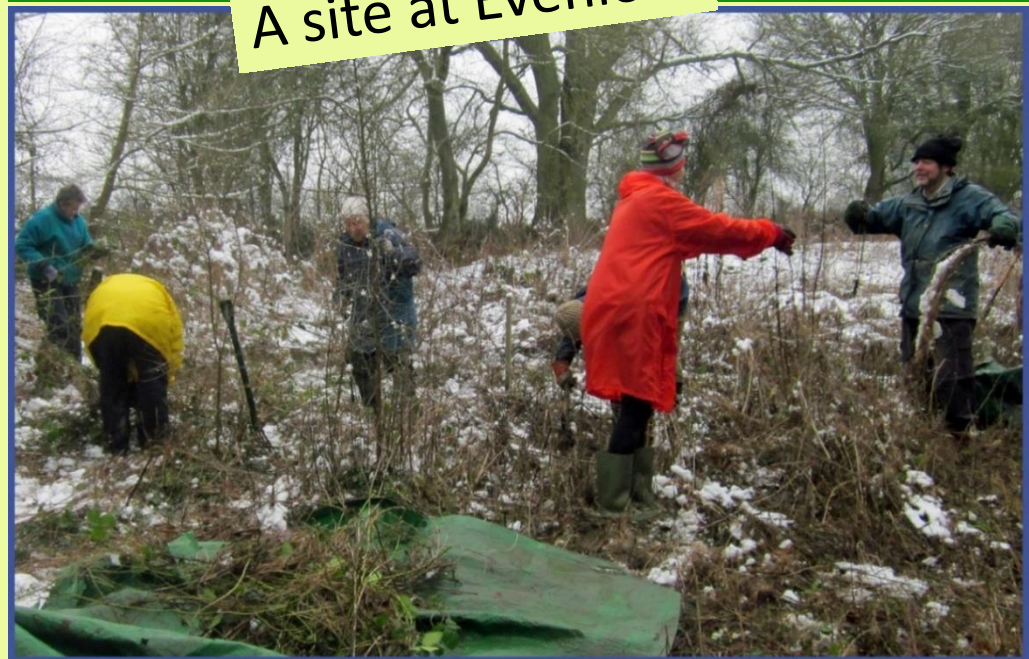


**CHIPPING  
NORTON** **GREEN  
GYM<sup>®</sup>**

meet on  
Wednesday  
mornings  
from 10 to 1  
throughout  
the year.



A site at Evenlode





Founded in 1998 by Dr William Bird, Green Gym is recommended by GPs nationwide.



One of over 140 such groups in the U.K.,



offers volunteers

- ✿ Free membership, and jobs for all
- ✿ No experience needed: training given
- ✿ Those with learning difficulties welcome
- ✿ Lifts to worksites often available

We are affiliated to the national charity





More details on **01608 643 269**  
and at **[www.chippygreengym.org](http://www.chippygreengym.org)**



## Sites around town





# Activities are light to vigorous





# And you can learn new skills ....





Interested? Then call **01608 643 269** or  
email us via **[www.chippygreengym.org](http://www.chippygreengym.org)**



*Supported by*

Chipping Norton  
Town Council

